OCEANIA MASTERS CHAMPIONSHIPS RECORDS as at 3 July 2026

Records set in 2025 are shown in **red**.

Records set with current equipment specifications. Womens records set with 400g Javelin are archived at the foot of the spreadsheet until the individual event distance or the combined event score is beaten

Please refer all queries to OMA Statistician Clyde Riddoch. Email: clydeR@outlook.com.au

AUS	Australia
NZL	New Zealand
PYF	French Polynesia
NCL	New Caledonia
FIJ	Fiji
TON	Tonga
NFI	Norfolk Island
SOL	Soloman Islands
SAM	Samoa

MEN						WOMEN					
Event	Name	Performance		Year	Wind	Event	Name	Performance		Year	Wind
60m						**60m**					
M30	Travis Venema	AUS	7.19	2008		W30	Kelly McAndrew	AUS	7.67	2025	1.7
M35	Kenneth Vuong	AUS	7.05	2025	-0.6	W35	Ranell Hobson	AUS	8.16	2008	
M40	Greg Smith	AUS	7.30	2012	1.0	W40	Eliana Seymour	AUS	8.24	2025	1.8
M45	Ian Lathwood	NZL	7.34	2025	-2.2	W45	Rebekah Power	AUS	8.13	2025	1.9
M50	Mark Lambert	NZL	7.62	2024	0.6	W50	Gianna Mogentale	AUS	8.39	2015	1.5
M55	Robert Hanna	NZL	7.88	2024	0.6	W55	Liz Wilson	NZL	8.54	2018	1.7
M60	Paul Turner	AUS	8.09	2014	-1.6	W60	Louise McLean	AUS	8.91	2025	0.8
M65	Neville McIntyre	AUS	8.36	2008		W65	Wilma Perkins	AUS	9.52	2015	1.9
M70	Trevor Guptill	NZL	8.73	2019	-0.7	W70	Sheryl Gower	NZL	9.92	2019	-1.7
M75	John Lamb	AUS	9.23	2025	-0.5	W75	Margaret Peters	NZL	10.61	2010	-1.6
M80	Norm Windred	AUS	9.89	2008		W80	Margaret Peters	NZL	11.35	2014	-2.1
M85	Maurice Dauphinet	AUS	11.12	2012	-0.5	W85	Clasina van der Veeken	NZL	15.00	2018	-0.3
M85	Alan Hunter	NZL	17.92	2024	0.1	W90	Gwen Gleeson	AUS	16.74	2019	-1.0
M90	James Sinclair	AUS	12.41	2015							
M95	James Sinclair	AUS	15.24	2019	1.0						
100m						**100m**					
M30	Kyle Ennis	AUS	10.70	2025	-1.4	W30	Kelly McAndrew	AUS	12.30	2025	0.5
M35	Paul Makakaufaki	TGA	11.49	2012	1.0	W35	Wendy Brown	NZL	12.71	1990	
M40	Brendon Wilson	AUS	11.20	1984		W40	Julie Brims	AUS	12.54	2006	
M45	Reg Austin	AUS	11.40	1982		W45	Marie Kay	AUS	13.16	2006	
M50	Mark Lambert	NZL	11.84	2025	-3.8	W50	Gianna Mogentale	AUS	13.29	2014	0.0
M55	Alan Hill	NZL	12.30	1982		W55	Julie Brims	AUS	13.48	2025	-1.5
	Rudi Hochreiter	AUS	12.30	1984		W60	Elizabeth Mitchell	NZL	14.61	2024	-0.7
M60	Laurence Malcolmson	NZL	12.67	2010	1.0	W65	Carol Davis	AUS	15.31	2019	0.7
M65	Neville McIntyre	AUS	13.19	2008		W70	Margaret Peters	NZL	15.88	2006	
M70	Hugh Coogan	AUS	13.85	2006		W75	Margaret Peters	NZL	16.95	2010	-0.1
M75	Rudi Hochreiter	AUS	15.34	2002		W80	Chris Waring	NZL	18.65	2025	0.5
M80	Mike Johnston	AUS	15.61	2002							
M85	Ron Johnson	NZL	20.00	2018	2.0						
M90	Hugh Coogan	AUS	19.44	2025	-0.2						
M95	James Sinclair	AUS	25.39	2019	1.2						
200m						**200m**					
M30	Kyle Ennis	AUS	21.28	2025	1.7	W30	Kelly McAndrew	AUS	24.98	2025	1.8
M35	Max Warlow	AUS	22.80	1984		W35	Eileen Hindle	AUS	25.70	1984	
M40	Brendon Wilson	AUS	22.80	1984		W40	Julie Brims	AUS	26.15	2006	
M45	Reg Austin	AUS	22.60	1984		W45	Marie Kay	AUS	26.55	2006	
M50	Mark Lambert	NZL	23.66	2025	-0.5	W50	Gianna Mogentale	AUS	26.69	2014	1.5

M55	Robert Hanna	NZL	25.09	2024	-1.8	W55	Julie Brims	AUS	27.99	2025	-0.7
M60	Fabio Di Giandomenico	AUS	25.67	2025	-1.7	W60	Rachel Dorsy-Laing	PNG	30.38	2023	-2.1
M65	Rob Mayston	AUS	26.15	2025	1.1		Louise McLean	AUS	30.38	2025	-0.8
M70	Hugh Coogan	AUS	28.10	2006		W65	Jeanette Flynne	AUS	30.55	2018	0.6
M75	David Trantrill	AUS	29.89	2014		W70	Sheryl Gower	NZL	33.46	2019	-1.1
M80	Mike Johnston	AUS	32.49	2002		W75	Chris Waring	NZL	35.99	2019	-0.9
M85	Jim Sinclair	AUS	39.08	2012	1.6	W80	Marge Alison	AUS	37.67	2025	0.2
M90	Hugh Coogan	AUS	42.14	2025	1.9						
M95	Eric de Lautour	NZL	59.96	2015	-2.0						
400m						**400m**					
M30	Jay Stone	AUS	48.72	2012		W30	Marissa Stephen	NZL	57.79	2002	
M35	Max Warlow	AUS	50.80	1984		W35	Nicolette Hargrave	AUS	57.03	2025	
M40	Brendon Wilson	AUS	51.70	1984		W40	Suzy Cole	AUS	59.13	2012	
M45	Peter Crombie	AUS	52.75	1990		W45	Marie Kay	AUS	59.27	2006	
M50	Nathan Crowley	AUS	53.85	2024		W50	Renee Briffa	AUS	62.12	2025	
M55	Rob Mayston	AUS	56.02	2014		W55	Liz Wilson	NZL	65.54	2018	
M60	John Lamb	AUS	58.32	2012		W60	Jeanette Flynn	AUS	68.94	2014	
M65	Rob Mayston	AUS	59.99	2025		W65	Jeanette Flynn	AUS	69.01	2018	
M70	Hugh Coogan	AUS	62.28	2006		W70	Marge Allison	AUS	79.76	2006	
M75	Colin Woods	AUS	74.12	2012		W75	Chris Waring	NZL	87.97	2019	
M80	Mike Johnston	AUS	75.64	2002		W80	Marge Alison	AUS	88.63	2025	
M85	Eric de Lautour	NZL	89.82	2006							
M90	James Sinclair	AUS	2:04.37	2015							
M95	Eric de Lautour	NZL	2:44.23	2015							
800m						**800m**					
M30	Brayden Grant	NZL	1:59.77	2018		W30	Salome Tabuatalei	FIJ	2:23.2	1994	
M35	Charles Macek	AUS	2:00.0	1984		W35	Nicolette Hargrave	AUS	2:10.64	2025	
M40	Brian Turnbull	NZL	1:58.6	1998		W40	Suzy Cole	AUS	2:13.65	2012	
M45	Ian Babe	NZL	2:00.5	1984		W45	Elsie Norbury	AUS	2:27.1	2019	
M50	Tom Roberts	AUS	2:00.7	1984		W50	Evette Cordy	AUS	2:23.10	2025	
M55	Derek Turnbull	NZL	2:06.6	1982		W55	Louisa Abram	AUS	2:31.44	2018	
M60	George McGrath	AUS	2:17.9	1982		W60	Karen Blay	AUS	2:39.78	2025	
M65	Jack Stevens	AUS	2:22.9	1982		W65	Jeanette Flynn	AUS	2:45.36	2018	
M70	Kevin Soloman	AUS	2:36.33	2018		W70	Lavinia Petrie	AUS	3:12.35	2014	
M75	Allan Mayfield	AUS	2:46.99	2024		W75	Myrtle Rough	NZL	3:52.41	2018	
M80	Michael Jackes	AUS	3:21.72	2019		W80	Anne Lang	AUS	4:19.32	2024	
M85	Eric de Lautour	NZL	3:37.99	2008							
M95	Eric de Lautour	NZL	6:29.6	2015							
1500m						**1500m**					
M30	Daniel Williams	AUS	4:05.37	2025		W30	Tayla Bevan	AUS	4:46.79	2025	
M35	Charles Macek	AUS	4:06.1	1984		W35	Tina Faulkner	NZL	4:37.66	2018	
M40	Alan Bradford	AUS	4:07.0	1982		W40	Suzy Cole	AUS	4:32.93	2012	
M45	Ian Babe	NZL	4:12.7	1984		W45	Meghann Stewart	NZL	5:07.64	2014	
M50	Andrew Stark	NZL	4:18.10	2008		W50	Sally Gibbs	NZL	4:48.49	2018	
M55	Robert Godino	AUS	4:21.93	2025		W55	Louisa Abram	AUS	4:59.36	2018	
M60	Bert Carse	AUS	4:43.0	2002		W60	Karen Blay	AUS	5:24.27	2025	
M65	Ron Robertson	NZL	4:54.99	2008		W65	Lavinia Petrie	AUS	5:58.89	2012	
M70	Ian Cameron	AUS	5:20.04	2025		W70	Lavinia Petrie	AUS	6:06.00	2014	
M75	Allan Mayfield	AUS	5:42.50	2024		W75	Myrtle Roufg	NZL	7:37.46	2018	
M80	Michael Jackes	AUS	7:02.03	2019		W80	Suzanne Westbrook	AUS	9:59.25	2025	
M85	Eric de Lautour	NZL	7:03.4	2006							
M90	Eric de Lautour	NZL	12.23.87	2012							
M95	Eric de Lautour	NZL	14:06.88	2015							
5000m						**5000m**					
M30	Brendan Whelan	AUS	15:25.5	2006		W30	Robyn Stansfield	NZL	18:38.2	1998	
M35	Gary Hand	AUS	15:00.3	1984		W35	Karen Gobby	AUS	17:07.7	1990	
M40	Paul Sumpter	NZL	15:07.9	1990		W40	Dot Browne	AUS	17:32.0	1984	
M45	Graham Tattersall	NZL	15:55.2	1990		W45	Sally Gibbs	NZL	16:53.78	2012	
M50	Allan Davis	NZL	16:17.0	1990		W50	Elizabeth King	AUS	19:10.40	2025	
M55	Ron Robertson	NZL	16:06.0	1998		W55	Louisa Abram	AUS	18:44.52	2018	
M60	Trevor Ogilvie	NZL	17:36.34	2012		W60	Karen Blay	AUS	20:17.87	2025	

M65	Colin McLeod	AUS	18:13.1	2002		W65	Lavinia Petrie	AUS	21:08.79	2012	
M70	Ian Cameron	AUS	19:04.61	2025		W70	Lavinia Petrie	AUS	21:53.63	2014	
M75	Peter Fuller	AUS	22:06.60	2025		W75	Barbara Patrick	NZL	28:09.82	2024	
M80	Michael Jackes	AUS	26:03.74	2019		W80	Suzanne Westbrook	AUS	38:26.00	2025	
M85	Eric de Lautour	NZL	26:51.3	2006							
110m Hurdles (0.991m)						**100m Hurdles (0.840m)**					
M30	Brad Osborne	AUS	16.95	2008		W30	Terry Genge	NZL	15.37	1990	
M35	Albert Miller	FIJ	15.20	1994		W35	Eileen Hindle	AUS	14.70	1984	
M40	Brad Krawczyk	AUS	16.65	2019		**80m Hurdles (0.762m)**					
M45	Ryan Dowling	AUS	15.39	2024	-0.8	W40	Eliana Seymour	AUS	11.95	2025	0.3
100m Hurdles (0.914m)						W45	Marie Kay	AUS	12.34	2008	
M50	David Reed	AUS	15.99	2025	1.8	**80m Hurdles (0.762m)**					
M55	Clay Tompkins	AUS	16.14	2008		W50	Marie Kay	AUS	13.14	2012	1.3
100m Hurdles (0.840m)						W55	Brenda Parkinson	AUS	14.60	1992	
M60	Harry Giles	AUS	16.56	2008		**80m Hurdles (0.686m)**					
M65	Micheal Stephenson	AUS	17.34	2008		W60	Vicki Townsend	AUS	14.37	2025	1.9
80m Hurdles (0.762m)						W65	Robyn Sutter	AUS	16.80	2025	1.9
M70	Donald Chambers	AUS	14.81	2010	0.6	W70	Margaret Taylor	AUS	18.44	2019	-0.2
M75	David Anstiss	NZL	17.70	2024		W75	Fran Harris	AUS	28.05	2019	-0.2
80m Hurdles (0.686m)											
M80	David Anstiss	NZL	19.08	2025	0.6						
400m Hurdles (0.914m)						**400m Hurdles (0.762m)**					
M30	Jeofry Limtiaco	GUM	60.09	2023		W30	Helena Dinnissen	NZL	64.28	2019	
M35	Geoff Gibbons	AUS	60.11	2012		W35	Lauren McAdam	AUS	67.02	2025	
M40	Ernest Kemplay	AUS	60.30	1984		W40	Suzy Cole	AUS	71.06	2012	
M45	Chris Strange	NZL	64.01	1998		W45	Marie Kay	AUS	64.70	2006	
400m Hurdles (0.840m)											
M50	Neil Fowler	AUS	63.67	2002							
M55	Hans Meisebach	AUS	66.60	1984							
300m Hurdles (0.762m)						**300m Hurdles (0.762m)**					
M60	John Lamb	AUS	46.87	2012		W50	Michele Hossack	AUS	49.91	2014	
M65	Richard Trembath	AUS	50.28	2008		W55	Wilma Perkins	AUS	58.90	2006	
300m Hurdles (0.686m)						**300m Hurdles (0.686m)**					
M70	Alan Dougal	NZL	53.32	2019		W60	Gail Kirkman	NZL	55.05	2015	
M75	John Lamb	AUS	54.53	2025		W65	Gail Kirkman	NZL	56.94	2018	
M80	Max McKay	AUS	78.74	2004							
200m Hurdles (0.686m)						**200m Hurdles (0.686m)**					
M80	David Anstiss	NZL	39.85	2025		W70	Marge Allison	AUS	39.37	2018	-0.8
3000m Steeplechase (0.914m)						**2000m Steeplechase 0.762m)**					
M30	Gilles Brouilaud	PYF	11:40.97	2010		W30	Linda Reynolds	NZL	8:36.5	1998	
M35	Bruce Meder	NZL	9:48.8	1990		W35	Vicky Adams	NZL	7:48.0	1992	
M40	Euan Robertson	NZL	9:37.3	1990		W40	Suzy Cole	AUS	7:17.92	2012	
M45	Ron Robertson	NZL	9:51.4	1990		W45	Judith Stewart	NZL	7:51.3	1998	
M50	Alan Bradford	AUS	10:44.0	1992		W50	Margaret Orman	NZL	8:12.1	1994	
M55	Ron Robertson	NZL	10:11.6	1998		W55	Loris Reed	NZL	8:34.8	2004	
2000m Steeplechase (0.762m)						W60	Margaret Saunders	AUS	9:28.99	2014	
M60	Trevor Ogilvie	NZL	7:13.03	2012		W65	Margaret Saunders	AUS	9:29.52	2019	
M65	Ron Robertson	NZL	7:18.10	2008		W70	Gillian Young	AUS	10:03.49	2018	
M70	Peter Sandery	AUS	8:25.78	2012		W75	Ros Lowe	AUS	13:06.3	2025	
M75	Allan Mayfield	AUS	8:56.62	2024		W80	Clasina van der Veeken	NZL	14:57.42	2012	
M80	Michael Juckes	AUS	11:20.46	2019							
M85	Colin Silcock-Delany	AUS	16:02.95	2019							
1500m Track Walk						**1500m Track Walk**					
M30						W30	Trish Hibbs	AUS	8:45.78	2025	
M35						W35	Roslyn Kirwin	AUS	9:39.23	2025	
M40						W40	Michelle Bray	AUS	6:51.45	2025	
M45	David Styles	AUS	7:16.01	2025		W45	Kate Morris	AUS	10:32.0	2025	
M50	Pramesh Prasad	AUS	7:31.79	2025		W50	Joy Dale	AUS	10:38.57	2025	
M55	Grant Murfett	AUS	9:48.86	2025		W55	Nyle Sunderland	NZL	9:13.59	2025	
M60	Ignacio Jimenez-Solis	AUS	6:59.87	2025		W60	Ann Jugovic	AUS	8:23.35	2025	
M65	Simon Evans	AUS	8:07.04	2025		W65	Antoinette Woodward	AUS	9:42.20	2025	

M70	John Nottle	AUS	9:05.69	2025		W70	Karyn O'Neill	AUS	10:12.69	2025	
M75	Andrew Jamieson	AUS	9:01.39	2025		W75	Jacqueline Wilson	NZL	10:17.23	2025	
M80	George White	AUS	9:31.69	2025		W80	Gwen Steed	AUS	10:48.26	2025	
M85	Patrick Sela	AUS	13:52.31	2025							
3000m Track Walk						**3000m Track Walk**					
M30						W30	Justijana Roseman	AUS	15:37.38	2008	
M35	Peter Bennett	AUS	14:28.0	1994		W35	Judith Johnson	AUS	16:02.7	1982	
M40	Dean Nipperess	AUS	13:10.82	2012		W40	Annette Major	AUS	15:32.2	2006	
M45	Mark Donahoo	AUS	13:54.8	2006		W45	Pam Tindal	AUS	15:45.53	2008	
M50	Michael Harte	NZL	13:55.9	2006		W50	Staunton-Jjugovic	AUS	15:41.80	2014	
M55	Mike Parker	NZL	14:00.73	2012		W55	Pam Tindal	AUS	15:28.33	2015	
M60	George White	AUS	15:18.74	2008		W60	Heather Carr	AUS	15:45.20	2012	
M65	George White	AUS	15:44.53	2010		W65	Alison Thompson	AUS	16:49.27	2019	
M70	George White	AUS	16:41.63	2015		W70	Heather Carr	AUS	18:01.06	2019	
M75	Colin Hainsworth	AUS	20:38.4	2006		W75	Gwen Steed	AUS	20:54.66	2019	
M80	Richard Keatinge	AUS	21:00.0	2006		W80	Nan Jeffrey	AUS	24:00.0	1990	
M85	Bill Empey	AUS	24:08.0	1982							
5000m Track Walk						**5000m Track Walk**					
M30	Rodney Gillum	NZL	27:00.4	1998		W30	Justijana Roseman	AUS	26:32.9	2008	
M35	Kevin Taylor	NZL	23:12.6	1990		W35	Gabrielle Gorst	NZL	23:49.0	2002	
M40	Frank Clark	AUS	22:37.0	1984		W40	Michelle Bray	AUS	25:28.04	2025	
M45	John Smith	AUS	22:32.0	1984		W45	Pam Tindall	AUS	27:03.1	2008	
M50	Michael Harte	NZL	24:31.9	2006		W50	Staunton-Jugovic	AUS	27:15.97	2014	
M55	Gary Little	NZL	22:14.9	1998		W55	Heather Carr	AUS	26:21.4	2006	
M60	Ignacio Jimenez-Solis	AUS	24:41.90	2025		W60	Heather Carr	AUS	27:18.93	2010	
M65	George White	AUS	26:47.54	2010		W65	Heather Carr	AUS	28:57.97	2015	
M70	Tom Daintry	AUS	28:22.0	1984		W70	Jean Albury	AUS	31:45.1	2002	
M75	Tom Daintry	AUS	30:33.0	1990		W75	Jacqueline Wilson	NZL	35:33.66	2024	
M80	George White	AUS	33:18.84	2025		W80	Gwen Steed	AUS	37:46.18	2025	
M85	Gus Theobald	AUS	33:53.0	1984							
10k Road Walk (Best Performances)						**10k Road Walk (Best Performances)**					
M30	Rodney Gillum	NZL	55:25	1998		W30	Kylie Bonney	AUS	53:01	2002	
M35	Peter Bennett	AUS	52:14	1994		W35	Gabrielle Gorst	NZL	48:47	2002	
M40	Dean Nipperess	AUS	47:31	2012		W40	Michelle Bray	AUS	53:39:00	2025	
M45	Gary Little	NZL	45:34	1990		W45	Marlene Robb	AUS	55:55	1994	
M50	Michael Harte	NZL	50:37	2006		W50	Staunton-Jugovic	AUS	56:34	2014	
M55	Gary Little	NZL	45:39	1998		W55	Heather Carr	AUS	54:01	2006	
M60	Ignacio Jimenez-Solis	AUS	51:17:00	2025		W60	Sandy Brunner	AUS	57:27	2006	
M65	Andrew Jamieson	AUS	52:55	2014		W65	Alison Thompson	AUS	60:09.05	2019	
M70	Ralph Bennett	AUS	59:24	2014		W70	Jacqueline Wison	NZL	64:57.00	2018	
M75	Andrew Jamieson	AUS	66:20:00	2025		W75	Jacqueline Wilson	NZL	72:45.48	2024	
M80	Tom Daintry	AUS	69:01	1992		W80	Gwen Steed	AUS	79:23	2025	
M85	Patrick Sela	AUS	94:58:00	2025							
M90	Peter Tearle	NZL	1:49:54	2018							
Half Marathon (Best Performances)						**Half Marathon (Best Performances)**					
M30	Frederic Burquier	PYF	1:12.32	2010		W30	Ronnie Cole	NZL	1:32:09	1998	
M35	Brendan Whelan	AUS	1:15.18	2010		W35	Yvonne Evans	NZL	1:26:17	2006	
M40	Tony Price	NZL	1:12:44	1998		W40	Jenny Dowie	AUS	1:29:25	2002	
M45	Georges Richmond	PYF	1:13.05	2010		W45	Bernie Portesnki	NZL	1:19:38	1998	
M50	David Elward	AUS	1:17:32	2002		W50	Brenda Fortune	NZL	1:36:41	2006	
M55	Russell Jenkins	AUS	1:21:05.4	2018		W55	Lavinia Petrie	AUS	1:32:33	2002	
M60	Colin McLeod	AUS	1:19:28	1998		W60	Judth Stewart	NZL	1:40.07	2010	
M65	Colin McLeod	AUS	1:22:25	2002		W65	Lavinia Petrie	AUS	1:40.10	2012	
M70	Colin McLeod	AUS	1:31.58	2008		W70	Lavinia Petrie	AUS	1:37:38	2014	
M75	Irwin Barrett-Lennard	AUS	1:44:11	2006		W75	Clasina van der Veeken	NZL	2:26.11	2008	
M80	Bill Page	AUS	2:23:25	2014		W80	Clasina van der Veeken	NZL	2:39.21	2012	
Javelin (800g current specifications)						**Javelin (600g current specifications)**					
M30	Malkeet Kumar	AUS	51.54	2025		W30	Sallyann Moiler	AUS	36.20	2019	
M35	Ezehiel Rangi	SOL	52.34	2015		W35	Jayne Hardy	AUS	38.09	2002	
M40	Joe Bradley	NZL	54.59	1998		W40	Jayne Hardy	AUS	38.65	2006	
M45	John Kay	AUS	52.26	2008		W45	Jayne Hardy	AUS	37.01	2010	

Javelin (700g from 2000)						**Javelin (500g from 2000)**					
M50	Nigel Stainton	NZL	52.44	2012		W50	Lee-Anne Nelson	AUS	31.32	2025	
M55	Bob Banens	AUS	51.44	2006		W55	Mary Thomas	AUS	37.90	2000	
Javelin (600g current specifications)						**Javelin (500g from 2014)**					
M60	Bob Banens	AUS	48.74	2010		W60	Lesley Duncan	AUS	26.61	2025	
M65	Tom Hancock	AUS	40.02	2002		W65	Marie Kay	AUS	26.16	2025	
Javelin (500g from 2000)						W70	Mary Thomas	AUS	21.51	2015	
M70	Guy Quarterman	AUS	36.51	2012		**Javelin (400g from 2000)**					
M75	Arnie Delaite	AUS	31.67	2019		W75	Heather Doherty	AUS	19.78	2008	
Javelin (400g from 2000)						W80	Heather Doherty	AUS	19.45	2014	
M80	Dave Scratton	NZL	26.51	2000		W85	Heather Doherty	AUS	8.68	2019	
M85	Ron Johnson	NZL	24.77	2018		W90	Ruth Frith	AUS	10.09	2002	
M90	Jim Blair	NZL	16.35	2024		W95	Ruth Frith	AUS	7.98	2004	
Hammer (7.26kg)						**Hammer (4kg)**					
M30	Brentt Jones	NFI	48.86	2000		W30	Raelene Bates	NZL	43.71	1998	
M35	Ricard Meiring	AUS	59.00	2014		W35	Jayne Hardy	AUS	41.87	2002	
M40	Frederic Cassier	NCL	50.14	1992		W40	Jayne Hardy	AUS	43.52	2006	
M45	Arno van der Westhuizen	NZL	50.93	2025		W45	Althea Mackie	AUS	41.80	2015	
Hammer (6kg)						**Hammer (3kg)**					
M50	Ken Readwin	AUS	48.62	1994		W50	Sharon Gibbins	AUS	45.70	2008	
M55	Peter Baxevanis	AUS	57.19	2025		W55	Helen Searle	AUS	45.98	1996	
Hammer (5kg)						W60	Jan Davies	AUS	42.20	2002	
M60	Mark Cumming	AUS	50.65	2025		W65	Helen Searle	AUS	39.51	2006	
M65	Laurie Devlin	NZL	45.33	2002		W70	Helen Searle	AUS	33.07	2012	
Hammer (4kg)						**Hammer (2kg from 2010)**					
M70	Laurie Devlin	NZL	44.54	2006		W75	Jan Banens	AUS	32.02	2018	
M75	Robert Holzer	AUS	39.82	2024		W80	Mary Thomas	AUS	28.20	2024	
Hammer (3kg)						W85	Heather Doherty	AUS	16.82	2019	
M80	Wim Van Weenen	AUS	36.47	2014		W90	Ruth Frith	AUS	11.85	2002	
M85	Ron Johnson	NZL	25.07	2018		W95	Ruth Frith	AUS	11.16	2006	
M90	Jim Blair	NZL	18.39	2024		W100	Ruth Frith	AUS	9.64	2012	
Discus (2kg)						**Discus (1 kg)**					
M30	Agyapal Singh	AUS	39.65	2025		W30	Alex Morgan	ASA	50.96	2023	
M35	Jamie Muscat	AUS	43.84	2014		W35	Chris Schultz	AUS	47.86	1986	
M40	Merve Kemp	AUS	43.88	1984		W40	Chris Schultz	AUS	42.52	1994	
M45	Todd Davey	AUS	44.56	2015		W45	Chris Schultz	AUS	42.66	1998	
Discus (1.5 kg)						W50	Chris Schultz	AUS	38.23	2002	
M50	Stuart Gyngell	AUS	49.65	2014		W55	Chris Schultz	AUS	33.54	2006	
M55	Kevin Iro	CKI	42.50	2025		W60	Helen Searle	AUS	29.73	2002	
Discus (1 kg)						W65	Helen Searle	AUS	27.53	2006	
M60	Ray Green	AUS	50.27	2006		W70	Mary Thomas	AUS	22.03	2015	
M65	Tom Hancock	AUS	45.93	2002		**Discus (0.75 kg from 2010)**					
M70	Keith James	AUS	39.54	2012		W75	Mary Thomas	AUS	22.75	2019	
M75	Rudi Hochreiter	AUS	34.60	2002		W80	Heather Doherty	AUS	20.30	2014	
M80	Feliks Jekabsons	AUS	26.96	2006		W85	Heather Doherty	AUS	13.84	2019	
M85	Ron Johnson	NZL	22.90	2018		W90	Ruth Frith	AUS	10.89	2002	
M90	Jim Blair	NZL	14.98	2024		W95	Ruth Frith	AUS	10.90	2006	
Shot Put (7.26kg)						**Shot Put (4 kg)**					
M30	Jonathon Detageouwa	NRU	15.76	2024		W30	Chris Schultz	AUS	14.98	1984	
M35	Soane Lakafia	NCL	14.10	1996		W35	Chris Schultz	AUS	14.12	1986	
M40	Stuart Gyngell	AUS	16.29	2008		W40	Chris Schultz	AUS	13.25	1994	
M45	Chris Gaviglio	AUS	14.45	2025		W45	Chris Schultz	AUS	13.17	1998	
Shot Put (6 kg)						**Shot put (3 kg)**					
M50	Stuart Gyngell	AUS	17.57	2014		W50	Chris Schultz	AUS	13.19	2002	
M55	Laini Inivale	NZL	13.44	2024		W55	Mary Thomas	AUS	12.89	2000	
Shot put (5 kg)						W60	Helen Searle	AUS	12.31	2000	
M60	Richard Harris	NZL	13.51	1994		W65	Helen Searle	AUS	11.58	2004	
M65	Charlie Rann	AUS	12.75	1992		W70	Helen Searle	AUS	9.16	2012	
Shot Put (4 kg)						**Shot put (2 kg from 2010)**					
M70	Rudi Hochreiter	AUS	12.72	1998		W75	Mary Thomas	AUS	8.82	2019	
M75	Jim Peridis	AUS	11.42	2002		W80	Heather Doherty	AUS	7.44	2014	

Shot Put (3 kg)						W85	Ruth Frith	AUS	5.42	1996	
M80	Vince Basile	AUS	10.44	2025		W90	Ruth Frith	AUS	5.21	2002	
M85	Ron Johnson	NZL	8.05	2018		W95	Ruth Frith	AUS	4.72	2004	
M90	Peter Tearle	NZL	6.26	2018							
Weight Throw (15.88kg - 35lb)						**Weight Throw (9.08kg - 20lb)**					
M30	Tyson Elisaia	SAM	13.82	2025		W30	Emma Werner	AUS	13.96	2025	
M35	Ricard Meiring	AUS	18.59	2014		W35	Catherine McCowan	AUS	11.19	2024	
M40	Stuart Gyngell	AUS	13.78	2008		W40	Chris McCahill	NZL	15.03	2008	
M45	Arno van der Westhuizen	NZL	15.29	2025		W45	Althea Mackie	AUS	12.84	2015	
Weight Throw (11.34kg - 25lb)						**Weight Throw (7.26kg - 16lb)**					
M50	Stuart Gyngell	AUS	18.05	2014		W50	Jayne Hardy	AUS	13.64	2015	
M55	Peter Baxevanis	AUS	19.37	2025		W55	Gabriele Watts	AUS	13.97	2025	
Weight Throw (9.08kg - 20lb)						**Weight Throw (5.54kg - 12lb)**					
M60	Mark Cumming	AUS	19.37	2025		W60	Dorn Jenkins	AUS	17.36	2015	
M65	James Thomas	NZL	17.46	2025		W65	Helen Searle	AUS	16.44	2004	
Weight Throw (7.26kg - 16lb)						W70	Dorn Jenkins	AUS	16.15	2025	**WR**
M70	Laurie Devlin	NZL	18.06	2006		**Weight Throw (4kg from 2010)**					
M75	Ken Priestley	AUS	14.59	2014		W75	Glen Watts	NZL	11.71	2015	
Weight Throw (5.54kg - 12lb)						W80	Heather Doherty	AUS	9.63	2014	
M80	Kevin Bradley	NZL	13.93	2024		W85	Heather Doherty	AUS	6.82	2019	
M85	Dave Scratton	NZL	10.99	2004		W95	Ruth Frith	AUS	5.16	2006	
M90	Laurence Quinlivan	AUS	7.67	2025							
High Jump						**High Jump**					
M30	Brad Osborn	AUS	1.78	2008		W30	Angela McKee	NZL	1.89	2006	
M35	Mas Ghasabani	AUS	1.77 (=)	2025		W35	Veronique Boyer	PYF	1.65	2008	
	Adam McConnochie	AUS	1.77 (=)	2025		W40	Lynette Smith	AUS	1.53	2014	
M40	Evan McLean	AUS	1.82	2019		W45	Lenore Lambert	AUS	1.58	2019	
M45	Matthew Muell	AUS	1.78	2010		W50	Janet Webber	AUS	1.46	2025	
M50	Nicholas Pawsey	AUS	1.74	2025		W55	Alex Lloyd	AUS	1.33	2014	
M55	Brian Curry	NZL	1.66	2018		W60	Margaret Taylor	AUS	1.26	2008	
M60	John Hunt	AUS	1.50	2002		W65	Wilma Perkins	AUS	1.18	2015	
M65	Gordon Gourlay	AUS	1.45	1994		W70	Margaret Taylor	AUS	1.15	2019	
M70	David Anstiss	NZL	1.36	2018		W75	Margaret Taylor	AUS	1.10	2025	
	Daryl Ellis	AUS	1.36	2024		W80	Lynne Schickert	AUS	0.89	2025	
M75	David Anstiss	NZL	1.33	2024							
M80	David Anstiss	NZL	1.20	2025							
M85	Jim Blair	NZL	1.05	2019							
M90	Alistair McKay	NZL	0.80	2018							
Long Jump						**Long Jump**					
M30	Jay Stone	AUS	6.36	2012	0.0	W30	Helena Dinnissen	AUS	5.78	2019	1.7
M35	Albert Miller	FIJ	6.21	1994		W35	Eileen. Hindle	AUS	5.55	1984	0.3
M40	Robert Lehman	AUS	6.29	2014	0.5	W40	Helena Dinnissen	NZL	5.31	2025	0.6
M45	Andrew McLean	AUS	5.91	2025	-1.1	W45	Melissa Foster	AUS	5.41	2025	-1.5
M50	Terry Hicks	AUS	5.45	2004		W50	Marie Kay	AUS	5.23	2012	
	Ashley McMahon	AUS	5.45	2025	-1.3	W55	Karen Carah	AUS	4.57	2025	0.0
M55	Luke De Biasi	AUS	5.98	2019	1.3	W60	Margaret Taylor	AUS	4.38	2008	0.7
M60	Graeme Noden	AUS	5.10	2000		W65	Carol Davis	AUS	4.05	2019	0.0
M65	Stephen Burden	NZL	5.02	2024	1.7	W70	Margaret Taylor	AUS	3.65	2019	-0.1
M70	Graeme Noden	AUS	4.59	2008		W75	Ruth Johnson	AUS	2.78(=)	2019	-0.1
M75	Graeme Noden	AUS	4.07	2014	1.6		Margaret Taylor	AUS	2.78(=)	2025	-2.1
M80	David Anstiss	NZL	3.45	2025	-1.0	W80	Miriam Cudmore	AUS	2.93	2019	0.1
M85	Maurice Dauphinet	AUS	2.95	2012	-3.2						
M90	Alistair McKay	NZL	2.08	2018	0.4						
Triple Jump						**Triple Jump**					
M30	George Jankowski	AUS	11.31	1994		W30	Helena Dinnissen	AUS	11.85	2019	0.0
M35	Russell Sarah	AUS	13.70	1982		W35	Veronique Boyer	PYF	11.36	2008	
M40	Daniel Sumpton	AUS	12.68	2025		W40	Julie Brims	AUS	10.59	2006	
M45	Stephen McKee	NZL	12.05	2006		W45	Melissa Foster	AUS	11.35	2025	0.5
M50	Stephen Burden	NZL	11.25	2012	1.3	W50	Helen Searle	AUS	9.54	1990	
M55	Clay Tompkins	AUS	12.22	2008		W55	Anne Hunter	NZL	8.87	2006	
M60	Stephen Burden	NZL	10.76	2019	-0.4	W60	Margaret Taylor	AUS	9.22	2008	1.9

M65	Stephen Burden	NZL	9.97	2024	0.6	W65	Carol Davis	AUS	7.90	2019	-1.3
M70	Daryl Ellis	AUS	9.71	2024	2.0	W70	Margaret Taylor	AUS	7.77	2019	0.0
M75	David Anstiss	NZL	8.38	2024	1.4	W75	Margaret Taylor	AUS	7.00	2025	0.2
M80	David Anstiss	NZL	8.17	2025	1.9	W80	Miriam Cudmore	AUS	6.64	2019	-3.9
M85	Ron Johnson	NZL	5.34	2018	1.9						
Pole Vault						**Pole Vault**					
M30	Jamie Marett	NZL	3.80	1998		W30	Emma Coogan	AUS	3.10	2025	
M35	Rob Hill	AUS	4.40	2008		W35	Nicolai Morris	AUS	2.60	2025	
M40	Florian Morilhat	AUS	4.10	2025		W40	Samantha Clare	AUS	3.10	2025	
M45	Cameron Baker	AUS	3.70	2025		W45	Catherine Robertson	AUS	2.30	2025	
M50	Leon D'Onofrio	AUS	3.60	2025		W50	Gaelyne Kenshole	AUS	2.60	2024	
M55	Howard Arbuthnot	AUS	3.80	2025		W55	Jacinta Burns	AUS	2.50	2025	
M60	Bob Barclay	AUS	3.00(=)	2002		W60	Wilma Perkins	AUS	2.30	2010	
	Mark Lett	NZL	3.00(=)	2024&25		W75	Wilma Perkins	AUS	1.80	2025	
M65	Bretton Randall	AUS	2.90	2025							
M70	Jim Poulter	AUS	2.50	2014							
M75	George Schillinger	AUS	2.30	2025							
M80	David Anstiss	NZL	2.20	2025							
M85	Wallace Opperman	NZL	1.00	2012							
Combined events Updated for 2023 WMA factors											
Pentathlon (LJ, Jav, 200m, DT, 1500m)						**Pentathlon (100m, SP, LJ, Jav, 800m)**					
M30	Brad Osborne	AUS	2461	2008		W30	Wilma Perkins	AUS	2864	1984	
	(5.59; 38.89; 25.02; 33.71; 5:31.22)						(12.70, 9.42, 5.25, 28.71, 2:49.4)				
M35	Albert Miller	FIJ	3121	1994		W35	Eileen Hindle	AUS	2967	1984	
	(6.21, 52.88, 24.0, 37.98, 5:28.8)						(12.51, 6.98, 5.42, 22.14, 2:30.8)				
M40	Lloyd Mitchelson	AUS	3267	1984		W40	Lee-Anne Grosvenor	AUS	3055	2014	
	(5.40, 48.02, 24.8, 31.86, 4:31.0)						(13.58, 8.84, 4.51, 27.57, 2:29.06)				
M45	Lloyd Mitchelson	AUS	3363	1986		W45	Melissa Foster	AUS	3363	2025	
	(5.35, 41.40, 25.34, 30.74, 4:36.65)						(13.35, 8.93, 5.20, 26.97, 2:56.14)				
M50	Terry Hicks	AUS	3356	2004		W50	Lee-Anne Nelson	AUS	3595	2025	
	(5.49, 37.94, 26.33, 25.50, 4:33.6)						(13.91, 9.95, 4.41, 28.17, 2:32.81)				
M55	Luke De Biasi	AUS	3472	2019		W55	Karen Carah	AUS	3847	2025	
	(5.98, 33.58, 25.71, 28.56, 5:46.11)						(13.90, 10.49, 4.57, 26.83, 2:53.19)				
M60	Stephen Te Whaiti	NZL	2875	2025		**W60-74 Jav 500g from 2014)**					
	(4.55, 39.61, 28.88, 30.35, 6:36.72)					W60	Vicki Townsend	AUS	3276	2025	
M65	Jerome Troyat	NCL	3374	2025			(15.32, 10.03, 3.89, 21.51, 3:26.87)				
	(4.76, 25.92, 27.57, 33.56, 5:58.78)					W65	Carol Davis	AUS	3463	2019	
M70	Ken Daniels	AUS	2790	2008			(16.11, 7.03, 3.80, 22.63, 3:12.21)				
	(3.95; 31.99; 31.38; 25.19; 7:09.23)					W70	Carol Davis	AUS	3161	2025	
M75	Hector Mein	NZL	2451	2006			(16.68, 6.07,3.32, 16.41, 3:28.36)				
	(3.42, 23.17, 36.80, 19.82, 6:40.89)					W75	Ruth Johnson	AUS	2229	2019	
M80	David Anstiss	NZL	1874	2025			(19.24, 5.41, 2.78, 10.96, 4:13.32)				
	(3.50, 17.70, 39.47, 19.75, 11:01.03)					W80	Judy Hammond	NZL	2101	2018	
M85	Rad Leovic	AUS	1792	2014			(20.49;5.59;2.58;10.49;5:20.88)				
	(2.31, 14.86, 45.49, 14.50, 8:29.14)										
M90	Frank Cox	NZL	429	2002							
	(1.43, 6.31, 66.09, 7.19, DNF)										
Throws Pentathlon (Ham, SP, DT, Jav, Wt)						**Throws Pentathlon (Ham, SP, DT, Jav, Wt)**					
M30	Tyson Elisaia	SAM	2795	2025		W30	Raylene Bates	NZL	2883	1998	
	(38.02, 12.65, 34.81, 42.90, 12.61)						(43.71, 12.49, 39.60, 23.58, 12.89)				
M35	Ricard Meiring	AUS	3109	2014		W35	Chris Schultz	AUS	3194	1990	
	(54.66, 10.87, 29.78, 33.64, 18.34)						(38.32, 13.29, 43.04, 34.74, 12.18)				
M40	Stuart Gyngell	AUS	3465	2008		W40	Jayne Hardy	AUS	3439	2006	
	(39.71, 16.46, 44.81, 34.50, 13.52)						(41.99, 10.40, 37.29, 38.65, 13.87)				
M45	Todd Davey	AUS	3565	2015		W45	Chris Schultz	AUS	3677	1998	
	(39.25, 13.67, 40.64, 40.61, 13.73)						(34.51, 13.17, 41.96, 29.00, 12.65)				
M50	Stuart Gyngell	AUS	4062	2015		W50	Chris Schultz	AUS	3589	2002	
	(47.83, 17.05, 50.09, 36.29, 17.10)						(35.64, 12.97, 39.49, 25.87, 13.83)				
M55	Ray Green	AUS	3472	2002		W55	Gabriele Watts	AUS	3446	2025	
	(41.96, 11.59, 41.16, 35.12, 13.73)						(38.35, 11.76, 29.82, 21.77, 11.64)				
M60	Graeme Rose	AUS	3665	2008		**W60-74 Jav 500g from 2014)**					

	(45.46; 12.58; 38.17; 39.48; 16.78)				
M65	Tom Hancock	AUS	3826	2002	
	(37.08, 11.69, 43.96, 39.26, 14.95)				
M70	Thomas Gravestock	AUS	3757	2025	
	(43.74, 11.99, 43.64, 26.11, 15.36)				
M75	Dave Scratton	NZL	3130	1998	
	(25.99, 10.04, 29.15, 27.82, 11.13)				
M80	Felics Jacobsons	AUS	2964	2006	
	(28.97, 9.98, 26.96, 19.30, 12.43)				
M85	David Scratton	NZL	2720	2006	
	(22.05, 7.83, 20.63, 18.01, 10.22)				
M90	Laurence Quinlivan	AUS	2077	2025	
	(14.38, 5.54, 13.31, 13.03, 6.69)				
Decathlon (100m, LJ, SP, HJ, 400m / Hurd, DT, PV, Jav, 1500m)					
M30	Peter Hollenbeck	AUS	5311	2019	
(12.01,5.93,11.58,1.68,62.23,17.77,35.43,4.40,49.28 6:12.52)					
M35	Geoff Gibbons	AUS	6058	2012	
(11.97,5.71,10.08,1.64,51.24,16.48,29.47,3.70,47.34,4:35.55)					
M40	Peter Ranginui	NZL	4776	2012	
(13.11,5.02,8.29,1.79,62.32,18.82,30.92,2.60,37.88,5:48.72)					
M45	Wayne Doyle	NZL	5772	2012	
(12.99,5.19,11.19,1.55,59.47,19.56,32.20,3.00,45.01,5:34.73)					
M50	Andrew Brooker	AUS	5846	2019	
(13.58,5.33,9.18,1.55,61.79,17.84,31.41,2.80,40.12,5:19.30)					
M55	Andrew Millerd	AUS	6050	2019	
(12.99,5.14,8.36,1.52,60.78,19.00,29.85,2.80,27.80,5:39.34)					
M60	Luke De Biasi	AUS	6166	2024	
(13.03,5.33,10.74,1.45,62.11,16.91,33.33,nh,35.59,6:03.23)					
M65	Mark McLean	AUS	5143	2025	
(14.74,4.19,7.93,1.27,1:1463,20.77,29.04,2.40,24.98,6:35.35)					
M70	Ken Daniels	AUS	5419	2008	
(15.00,4.14,8.31,1.21,73.03,17.88,26.71,2.00,31.98,7:00.11)					
M75	David Anstiss	NZL	4685	2024	
(16.90,3.93,6.29,1.33,91.09,17.70,20.10,2.10,17.29,8:36.10)					
M80	Rad Leovic	AUS	2073	2012	
(20.60,2.60,6.84,0.92,1:42.27,29.47,13.93,0.80,14.22,9:07.91)					
M85	Ron Johnson	NZL	4419	2018	
(19.92,2.55,8.32,0.99,1:42.99,DNF,20.11,1.50,25.21,9:07.39)					
Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)					
M50	David Reed	AUS	4210	2025	
(17.00,1.51,10.31,26.03,5.08,26.37,2:40.95)					
M60	Michael Kyriakakis	AUS	2753	2025	
(22.52,1.27,6.46,31.16,4.13,16.60,3:17.20)					
M70	Bruce O'Connor	AUS	1839	2025	
(26.88,1.15,7.88,38.54,2.90,7.78,dnf)					
M75	Dieter Lacko	AUS	1999	2025	
(21.12,nh,6.36,38.42,2.76,16.09,3:42.57)					

W60	Dorn Jenkins	AUS	3827	2015	
	(43.51, 8.85, 28.72, 21.85, 15.57)				
W65	June Lowe	AUS	3791	2019	
	(36.24, 9.84, 20.78, 23.40, 12.49)				
W70	Mary Thomas	AUS	3833	2015	
	(27.95, 8.01, 23.32, 21.03, 11.94)				
New weight specifications from 2010					
W75	Mary Thomas	AUS	3499	2019	
	(28.35, 8.94, 22.70, 19.27, 10.43)				
W80	Mary Thomas	AUS	3027	2024	
	(28.20,6.47,14.70,13.52,8.10)				
W85	Heather Doherty	AUS	2341	2019	
	(15.66, 4.77, 12.50, 7.62, 6.23)				
W90	Ruth Frith	AUS	2808	2002	
	(12.49, 4.97, 10.31, 10.51, 5.71)				
W95	Ruth Frith	AUS	3017	2006	
	(11.08, 4.35, 9.78, 6.43, 5.16)				
Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)					
W30	Jessica Dux	AUS	3046	2018	
	(18.43,1.33,7.75,27.80,4.61,19.19,2:56.11)				
W35	Lynette Smith	AUS	4013	2008	
	(18.43,1.58,10.03,29.85,4.42,33.91,2:26.41)				
W40	Lee-Ann Grosvenor	AUS	3972	2014	
	(15.69,1.27,9.05,27.92,4.54,27.41,2:33.4)				
W45	Janet Smith	AUS	4274	2025	
	(14.73,1.30,8.57,28.89,4.29,25.50,2:42.52)				
W50	Marie Kay	AUS	5524	2010	
	(13.13,1.48,11.19,28.22,4.69,30.33,2:52.47)				
W55	Karen Carah	AUS	5967	2025	
	(13.53,1.45,10.88,27.73,4.58,27.17,2:49.39)				
W60-74 Jav 500g from 2014)					
W60	Vicki Townsend	AUS	4731	2025	
	(15.27,1.21,9.57,31.94,3.91,21.77,3:31.15)				
W65	Gail Kirkman	NZL	5005	2018	
	(15.71,1.24,7.45,31.59,3.37,11.35,2:51.08)				
W70	Marj Allison	AUS	4196	2015	
	(17.92,1.02,5.99,35.18,2.75,16.44,3:25.94)				
W75	Judy Hammond	NZL	2518	2015	
	(DNF,0.99,6.10,42.07,2.60,11.65,4:52.56)				
Decathlon (100m, LJ, SP, HJ, 400m / Hurd, DT, PV, Jav, 1500m)					
W55	Sue Coate	AUS	6415	2025	
(14.76,4.16,9.71,1.24,1:14.21,16.53,23.50,2.20,28.70,6:27.80)					

ARCHIVED MULTI-EVENT RECORDS: NO EVENT DETAIL

Pentathlon:

M45	John Cooper	AUS	3358	1990
W45	Chris Battersby	AUS	3564	1990
M60	Peter Gatti	AUS	3419	1996
M65	Fred O'Connor	AUS	3984	1990

Throws Pentathlon:

M40	Frederic Cassier	NCL	3769	1992
W55	Helen Searle	AUS	4596	1996
M70	Sam Johnson	NZL	4356	1992
M85	Dave Scratton	NZL	4074	2004
W85	Ruth Frith	AUS	3561	1996

ARCHIVED RECORDS

Javelin 400g

W60	Mary Thomas	AUS	33.83	2004
W70	Wini Pepene	NZL	23.76	2002

Pentathlon (100m, SP, LJ, Jav 400g, 800m)

W60	Beryl Vine	NZL	3225	1990
W65	Wini Pepene	NZL	2989	1996

Throws Pentathlon (Ham, SP, DT, Jav 400g, Wt)

W60	Helen Searle	AUS	4750/3953	2002
	(39.48, 11.49, 26.29, 25.20, 15.04)			
W65	Helen Searle	AUS	5387/4405	2004
	(38.49, 11.23, 27.08, 23.23, 15.30)			

Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)

W60	Marj Allison (400g Jav)	AUS	5546/4731	2008
	(15.10; 1.24; 6.93; 31.90; 3.66; 18.48; 2:53.86)			