

OCEANIA CHAMPIONSHIP RECORDS as at 3 June 2025

Records set in 2025 are shown in **red**. Records set by non-Oceania athletes are shown in **blue**.

Records set with current equipment specifications. Womens records set with 400g Javelin are archived at the foot of the spreadsheet until the individual event distance or the combined event score is beaten

Please refer all queries to OMA Statistician Clyde Riddoch. Email: clydeR@outlook.com.au

MEN

WOMEN

Event	Name	Performance	Year	Wind	Event	Name	Performance	Year	Wind
60m					60m				
M30	Travis Venema	AUS 7.19	2008		W30	Loreen Keliyati	AUS 8.04	2024	-0.5
M35	Travis Venema	AUS 7.40	2010	NWI	W35	Ranell Hobson	AUS 8.16	2008	
M40	Greg Smith	AUS 7.30	2012	1.0	W40	Ranell Hobson	AUS 8.25	2014	-3.6
M45	Ryan Dowling	AUS 7.62	2024	-1.9	W45	Marie Kay	AUS 8.41	2008	
M50	Mark Lambert	NZL 7.62	2024	0.6	W50	Gianna Mogentale	AUS 8.39	2015	1.5
M55	Robert Hanna	NZL 7.88	2024	0.6	W55	Liz Wilson	NZL 8.54	2018	1.7
M60	Paul Turner	AUS 8.09	2014	-1.6	W60	Rachel Dorsy-Laing	PNG 8.93	2023	-0.6
M65	Neville McIntyre	AUS 8.36	2008		W65	Wilma Perkins	AUS 9.52	2015	1.9
M70	Trevor Guptill	NZL 8.73	2019	-0.7	W70	Sheryl Gower	NZL 9.92	2019	-1.7
M75	David Clive	AUS 9.33	2015	0.9	W75	Margaret Peters	NZL 10.61	2010	-1.6
M80	Norm Windred	AUS 9.89	2008		W80	Margaret Peters	NZL 11.35	2014	-2.1
M85	Maurice Dauphinnet	AUS 11.12	2012	-0.5	W85	Clasina van der Veecken	NZL 15.00	2018	-0.3
M85	Alan Hunter	NZL 17.92	2024	0.1					
M85	Radnaa Tseran	MGL 10.53	2019	-0.1					
M90	James Sinclair	AUS 12.41	2015	1.0	W90	Gwen Gleeson	AUS 16.74	2019	-1.0
M95	James Sinclair	AUS 15.24	2019	-0.1					
100m					100m				
M30	Shakti Rathore	AUS 11.32	2023	-1.6	W30	Beverly Peterson	NZL 12.41	1990	
M35	Paul Makakaufaki	TGA 11.49	2012	1.0	W35	Wendy Brown	NZL 12.71	1990	
M40	Brendon Wilson	AUS 11.20	1984		W40	Julie Brims	AUS 12.54	2006	
M45	Reg Austin	AUS 11.40	1982		W45	Marie Kay	AUS 13.16	2006	
M50	Mark Lambert	NZL 11.85	2024	-1.8	W50	Gianna Mogentale	AUS 13.29	2014	0.0
M55	Alan Hill	NZL 12.30	1982		W55	Liz Wilson	NZL 13.49	2018	1.7
	Rudi Hochreiter	AUS 12.30	1984						
M60	Laurence Malcolmson	NZL 12.67	2010	1.0	W60	Elizabeth Mitchell	NZL 14.61	2024	-0.7
M65	Neville McIntyre	AUS 13.19	2008		W65	Carol Davis	AUS 15.31	2019	0.7
M70	Hugh Coogan	AUS 13.85	2006		W70	Margaret Peters	NZL 15.88	2006	
M75	Rudi Hochreiter	AUS 15.34	2002		W75	Margaret Peters	NZL 16.95	2010	-0.1
M80	Mike Johnston	AUS 15.61	2002		W80	Margaret Peters	NZL 19.20	2014	-3.1
M85	Ron Johnson	NZL 20.00	2018	2.0					
M90	James Sinclair	AUS 21.02	2015	-1.8					
M95	James Sinclair	AUS 25.39	2019	1.2					
200m					200m				
M30	Adam Farlow	AUS 22.46	2014		W30	Wilma Perkins	AUS 25.80	1984	
M35	Max Warlow	AUS 22.80	1984		W35	Eileen Hindle	AUS 25.70	1984	
M40	Brendon Wilson	AUS 22.80	1984		W40	Julie Brims	AUS 26.15	2006	
M45	Reg Austin	AUS 22.60	1984		W45	Marie Kay	AUS 26.55	2006	
M50	Mark Lambert	NZL 23.77	2024	-1.8	W50	Gianna Mogentale	AUS 26.69	2014	1.5
M55	Robert Hanna	NZL 25.09	2024	-1.8	W55	Liz Wilson	NZL 28.16	2018	1.7
M60	Laurence Malcolmson	NZL 26.11	2010	1.2	W60	Rachel Dorsy-Laing	PNG 30.38	2023	-2.1
M65	Colin Buyers	AUS 26.20	2008		W65	Jeanette Flynnne	AUS 30.55	2018	0.6
M70	Hugh Coogan	AUS 28.10	2006		W70	Sheryl Gower	NZL 33.46	2019	-1.1
M75	David Trantrill	AUS 29.89	2014		W75	Chris Waring	NZL 35.99	2019	-0.9
M80	Mike Johnston	AUS 32.49	2002		W80	Margaret Peters	NZL 40.27	2014	1.5
M85	Jim Sinclair	AUS 39.08	2012	1.6					
M85	Radnaa Tseran	MGL 33.79	2019	-0.5					
M90	James Sinclair	AUS 46.79	2015	-2.0					
M95	Eric de Lautour	NZL 59.96	2015	-2.0					
400m					400m				
M30	Jay Stone	AUS 48.72	2012		W30	Marissa Stephen	NZL 57.79	2002	
M35	Max Warlow	AUS 50.80	1984		W35	Marge Allison	AUS 58.50	1984	
M40	Brendon Wilson	AUS 51.70	1984		W40	Suzy Cole	AUS 59.13	2012	
M45	Peter Crombie	AUS 52.75	1990		W45	Marie Kay	AUS 59.27	2006	
M50	Nathan Crowley	AUS 53.85	2024		W50	Gianna Mogentale	AUS 62.62	2014	

M55	Rob Mayston	AUS	56.02	2014
M60	John Lamb	AUS	58.32	2012
M65	Hugh Coogan	AUS	61.15	2004
M70	Hugh Coogan	AUS	62.28	2006
M75	Colin Woods	AUS	74.12	2012
M80	Mike Johnston	AUS	75.64	2002
M85	Eric de Lautour	NZL	89.82	2006
M85	Radnaa Tseran	MGL	79.19	2019
M90	James Sinclair	AUS	2:04.37	2015
M95	Eric de Lautour	NZL	2:44.23	2015

800m

M30	Brayden Grant	NZL	1:59.77	2018
M35	Charles Macek	AUS	2:00.0	1984
M40	Brian Turnbull	NZL	1:58.6	1998
M45	Ian Babe	NZL	2:00.5	1984
M50	Tom Roberts	AUS	2:00.7	1984
M55	Derek Turnbull	NZL	2:06.6	1982
M60	George McGrath	AUS	2:17.9	1982
M65	Jack Stevens	AUS	2:22.9	1982
M70	Kevin Soloman	AUS	2:36.33	2018
M75	Allan Mayfield	AUS	2:46.99	2024
M80	Michael Jackes	AUS	3:21.72	2019
M85	Eric de Lautour	NZL	3:37.99	2008
M95	Eric de Lautour	NZL	6:29.6	2015

1500m

M30	Brendan Whelan	AUS	4:07.7	2006
M35	Charles Macek	AUS	4:06.1	1984
M40	Alan Bradford	AUS	4:07.0	1982
M45	Ian Babe	NZL	4:12.7	1984
M50	Andrew Stark	NZL	4:18.10	2008
M55	Ron Robertson	NZL	4:23.9	1998
M60	Bert Carse	AUS	4:43.0	2002
M65	Ron Robertson	NZL	4:54.99	2008
M70	Peter Sandery	AUS	5:23.64	2012
M75	Allan Mayfield	AUS	5:42.50	2024
M80	Michael Jackes	AUS	7:02.03	2019
M85	Eric de Lautour	NZL	7:03.4	2006
M90	Eric de Lautour	NZL	12:23.87	2012
M95	Eric de Lautour	NZL	14:06.88	2015

5000m

M30	Brendan Whelan	AUS	15:25.5	2006
M35	Gary Hand	AUS	15:00.3	1984
M40	Paul Sumpter	NZL	15:07.9	1990
M45	Graham Tattersall	NZL	15:55.2	1990
M50	Allan Davis	NZL	16:17.0	1990
M55	Ron Robertson	NZL	16:06.0	1998
M60	Trevor Ogilvie	NZL	17:36.34	2012
M65	Colin McLeod	AUS	18:13.1	2002
M70	Peter Sandery	AUS	19:24.62	2012
M75	Allan Mayfield	AUS	22:42.60	2024
M80	Michael Jackes	AUS	26:03.74	2019
M85	Eric de Lautour	NZL	26:51.3	2006

110m Hurdles (0.991m)

M30	Brad Osborne	AUS	16.95	2008
M35	Albert Miller	FIJ	15.20	1994
M40	Brad Krawczyk	AUS	16.65	2019
M45	Ryan Dowling	AUS	15.39	2024

100m Hurdles (0.914m)

M50	Peter Collins	AUS	16.78	2002
M55	Clay Tompkins	AUS	16.14	2008

100m Hurdles (0.840m)

M60	Harry Giles	AUS	16.56	2008
M65	Micheal Stephenson	AUS	17.34	2008

80m Hurdles (0.762m)

W55	Liz Wilson	NZL	65.54	2018
W60	Jeanette Flynn	AUS	68.94	2014
W65	Jeanette Flynn	AUS	69.01	2018
W70	Marge Allison	AUS	79.76	2006
W75	Chris Waring	NZL	87.97	2019
W80	Corinne Collins	AUS	105.66	2019

800m

W30	Salome Tabuatalei	FIJ	2:23.2	1994
W35	Christine Sole	NZL	2:13.8	1982
W40	Suzy Cole	AUS	2:13.65	2012
W45	Elsie Norbury	AUS	2:27.1	2019
W50	Maggie Chorley	NZL	2:28.09	2018
W55	Louisa Abram	AUS	2:31.44	2018
W60	Jeanette Flynn	AUS	2:40.31	2014
W65	Jeanette Flynn	AUS	2:45.36	2018
W70	Lavinia Petrie	AUS	3:12.35	2014
W75	Myrtle Rough	NZL	3:52.41	2018
W80	Anne Lang	AUS	4:19.32	2024

1500m

W30	Salome Tabuatalei	FIJ	4:55.2	1994
W35	Tina Faulkner	NZL	4:37.66	2018
W40	Suzy Cole	AUS	4:32.93	2012
W45	Meghann Stewart	NZL	5:07.64	2014
W50	Sally Gibbs	NZL	4:48.49	2018
W55	Louisa Abram	AUS	4:59.36	2018
W60	Sarah Chinner	AUS	5:39.88	2024
W65	Lavinia Petrie	AUS	5:58.89	2012
W70	Lavinia Petrie	AUS	6:06.00	2014
W75	Myrtle Roufg	NZL	7:37.46	2018
W80	Glasina Van Der Veecken	NZL	10:48.55	2014

5000m

W30	Robyn Stansfield	NZL	18:38.2	1998
W35	Karen Gobby	AUS	17:07.7	1990
W40	Dot Browne	AUS	17:32.0	1984
W45	Sally Gibbs	NZL	16:53.78	2012
W50	Margaret Orman	NZL	19:19.0	1992
W55	Louisa Abram	AUS	18:44.52	2018
W60	Kathy Sims	AUS	20:56.69	2012
W65	Lavinia Petrie	AUS	21:08.79	2012
W70	Lavinia Petrie	AUS	21:53.63	2014
W75	Barbara Patrick	NZL	28:09.82	2024

100m Hurdles (0.840m)

W30	Terry Genge	NZL	15.37	1990
W35	Eileen Hindle	AUS	14.70	1984

80m Hurdles (0.762m)

W40	Marie Kay	AUS	13.10	2004
W45	Marie Kay	AUS	12.34	2008

80m Hurdles (0.762m)

W50	Marie Kay	AUS	13.14	2012	1.3
W55	Brenda Parkinson	AUS	14.60	1992	

80m Hurdles (0.686m)

W60	Robyn Sutter	AUS	14.68	2019	-0.2
W65	Maureen Keshwar	NZL	18.19	2019	-0.2

M70	Donald Chambers	AUS	14.81	2010	0.6	W70	Margaret Taylor	AUS	18.44	2019	-0.2
M75	Donald Chambers	AUS	18.44	2014	0.7	W75	Fran Harris	AUS	28.05	2019	-0.2
80m Hurdles (0.686m)											
M80	Max McKay	AUS	24.00	2004							
M85	Radnaa Tseran	MGL	20.18	2019	-0.4						
400m Hurdles (0.914m)											
M30	Jeofry Limtiaco	GUM	60.09	2023		W30	Helena Dinnissen	NZL	64.28	2019	
M35	Geoff Gibbons	AUS	60.11	2012		W35	Kerrie Macey	AUS	72.55	1990	
M40	Ernest Kemplay	AUS	60.30	1984		W40	Suzy Cole	AUS	71.06	2012	-0.2
M45	Chris Strange	NZL	64.01	1998		W45	Marie Kay	AUS	64.70	2006	
400m Hurdles (0.840m)											
M50	Neil Fowler	AUS	63.67	2002							
M55	Hans Meisebach	AUS	66.60	1984							
300m Hurdles (0.762m)											
M60	John Lamb	AUS	46.87	2012	-0.5	W50	Michele Hossack	AUS	49.91	2014	
M65	Richard Trembath	AUS	50.28	2008		W55	Wilma Perkins	AUS	58.90	2006	
300m Hurdles (0.686m)											
M70	Alan Dougal	NZL	53.32	2019		W60	Gail Kirkman	NZL	55.05	2015	
M75	Stewart Foster	NZL	61.26	2014		W65	Gail Kirkman	NZL	56.94	2018	
M80	Max McKay	AUS	78.74	2004							
200m Hurdles (0.686m)											
M80	Stewart Foster	NZL	51.32	2018	-0.8	W70	Marge Allison	AUS	39.37	2018	-0.8
3000m Steeplechase (0.914m)											
M30	Gilles Brouilaud	PYF	11:40.97	2010		W30	Linda Reynolds	NZL	8:36.5	1998	
M35	Bruce Meder	NZL	9:48.8	1990		W35	Vicky Adams	NZL	7:48.0	1992	
M40	Euan Robertson	NZL	9:37.3	1990		W40	Suzy Cole	AUS	7:17.92	2012	
M45	Ron Robertson	NZL	9:51.4	1990		W45	Judith Stewart	NZL	7:51.3	1998	
M50	Alan Bradford	AUS	10:44.0	1992		W50	Margaret Orman	NZL	8:12.1	1994	
M55	Ron Robertson	NZL	10:11.6	1998		W55	Loris Reed	NZL	8:34.8	2004	
2000m Steeplechase (0.762m)											
M60	Trevor Ogilvie	NZL	7:13.03	2012		W60	Margaret Saunders	AUS	9:28.99	2014	
M65	Ron Robertson	NZL	7:18.10	2008		W65	Margaret Saunders	AUS	9:29.52	2019	
M70	Peter Sandery	AUS	8:25.78	2012		W70	Gillian Young	AUS	10:03.49	2018	
M75	Allan Mayfield	AUS	8:56.62	2024		W75	Clasina van der Veeken	NZL	13:35.8	2008	
M80	Michael Juckes	AUS	11:20.46	2019		W80	Clasina van der Veeken	NZL	14:57.42	2012	
M85	Colin Silcock-Delany	AUS	16:02.95	2019							
3000m Track Walk											
M30						W30	Justijana Roseman	AUS	15:37.38	2008	
M35	Peter Bennett	AUS	14:28.0	1994		W35	Judith Johnson	AUS	16:02.7	1982	
M40	Dean Nipperess	AUS	13:10.82	2012		W40	Annette Major	AUS	15:32.2	2006	
M45	Mark Donahoo	AUS	13:54.8	2006		W45	Pam Tindal	AUS	15:45.53	2008	
M50	Michael Harte	NZL	13:55.9	2006		W50	Staunton-Jjugovic	AUS	15:41.80	2014	
M55	Mike Parker	NZL	14:00.73	2012		W55	Pam Tindal	AUS	15:28.33	2015	
M60	George White	AUS	15:18.74	2008		W60	Heather Carr	AUS	15:45.20	2012	
M65	George White	AUS	15:44.53	2010		W65	Alison Thompson	AUS	16:49.27	2019	
M70	George White	AUS	16:41.63	2015		W70	Heather Carr	AUS	18:01.06	2019	
M75	Colin Hainsworth	AUS	20:38.4	2006		W75	Gwen Steed	AUS	20:54.66	2019	
M80	Richard Keatinge	AUS	21:00.0	2006		W80	Nan Jeffrey	AUS	24:00.0	1990	
M85	Bill Empey	AUS	24:08.0	1982							
5000m Track Walk											
M30	Rodney Gillum	NZL	27:00.4	1998		W30	Justijana Roseman	AUS	26:32.9	2008	
M35	Kevin Taylor	NZL	23:12.6	1990		W35	Gabrielle Gorst	NZL	23:49.0	2002	
M40	Frank Clark	AUS	22:37.0	1984		W40	Annette Major	AUS	27:00.5	2006	
M45	John Smith	AUS	22:32.0	1984		W45	Pam Tindall	AUS	27:03.1	2008	
M50	Michael Harte	NZL	24:31.9	2006		W50	Staunton-Jugovic	AUS	27:15.97	2014	
M55	Gary Little	NZL	22:14.9	1998		W55	Heather Carr	AUS	26:21.4	2006	
M60	Theo Orr	AUS	25:48.0	1984		W60	Heather Carr	AUS	27:18.93	2010	
M65	George White	AUS	26:47.54	2010		W65	Heather Carr	AUS	28:57.97	2015	
M70	Tom Daintry	AUS	28:22.0	1984		W70	Jean Albury	AUS	31:45.1	2002	
M75	Tom Daintry	AUS	30:33.0	1990		W75	Jacqueline Wilson	NZL	35:33.66	2024	
M80	Tom Daintry	AUS	33:57.0	1992		W80	Christianne Duaphinet	AUS	39:24.83	2012	
M85	Gus Theobald	AUS	33:53.0	1984							
10k Road Walk (Best Performances)											
M30	Rodney Gillum	NZL	55:25	1998		W30	Kylie Bonney	AUS	53:01	2002	

M35	Peter Bennett	AUS	52:14	1994	W35	Gabrielle Gorst	NZL	48:47	2002
M40	Dean Nipperess	AUS	47:31	2012	W40	Jane Jackson	NZL	55:52	1990
M45	Gary Little	NZL	45:34	1990	W45	Marlene Robb	AUS	55:55	1994
M50	Michael Harte	NZL	50:37	2006	W50	Staunton-Jugovic	AUS	56:34	2014
M55	Gary Little	NZL	45:39	1998	W55	Heather Carr	AUS	54:01	2006
M60	Jack Tregurtha	NZL	53:53	1998	W60	Sandy Brunner	AUS	57:27	2006
M65	Andrew Jamieson	AUS	52:55	2014	W65	Alison Thompson	AUS	60:09.05	2019
M70	Ralph Bennett	AUS	59:24	2014	W70	Jacqueline Wison	NZL	64:57.00	2018
M75	Colin Hainsworth	AUS	67:43	2006	W75	Jacqueline Wilson	NZL	72:45.48	2024
M80	Tom Daintry	AUS	69:01	1992	W80	Christiane Dauphinet	AUS	80:32.00	2012
M85	Colin Silcock-Delany	AUS	1:36:21	2018					
M90	Peter Tearle	NZL	1:49:54	2018					
Half Marathon (Best Performances)					Half Marathon (Best Performances)				
M30	Frederic Burquier	PYF	1:12.32	2010	W30	Ronnie Cole	NZL	1:32:09	1998
M35	Brendan Whelan	AUS	1:15.18	2010	W35	Yvonne Evans	NZL	1:26:17	2006
M40	Tony Price	NZL	1:12:44	1998	W40	Jenny Dowie	AUS	1:29:25	2002
M45	Georges Richmond	PYF	1:13.05	2010	W45	Bernie Portesni	NZL	1:19:38	1998
M50	David Elward	AUS	1:17:32	2002	W50	Brenda Fortune	NZL	1:36:41	2006
M55	Russell Jenkins	AUS	1:21:05.4	2018	W55	Lavinia Petrie	AUS	1:32:33	2002
M60	Colin McLeod	AUS	1:19:28	1998	W60	Judth Stewart	NZL	1:40.07	2010
M65	Colin McLeod	AUS	1:22:25	2002	W65	Lavinia Petrie	AUS	1:40.10	2012
M70	Colin McLeod	AUS	1:31.58	2008	W70	Lavinia Petrie	AUS	1:37:38	2014
M75	Irwin Barrett-Lennard	AUS	1:44:11	2006	W75	Clasina van der Veeken	NZL	2:26.11	2008
M80	Bill Page	AUS	2:23:25	2014	W80	Clasina van der Veeken	NZL	2:39.21	2012
Javelin (800g current specifications)					Javelin (600g current specifications)				
M30	Daniel Brown	AUS	47.60	2008	W30	Sallyann Moiler	AUS	36.20	2019
M35	Ezehiel Rangi	SOL	52.34	2015	W35	Jayne Hardy	AUS	38.09	2002
M40	Joe Bradley	NZL	54.59	1998	W40	Jayne Hardy	AUS	38.65	2006
M45	John Kay	AUS	52.26	2008	W45	Jayne Hardy	AUS	37.01	2010
Javelin (700g from 2000)					Javelin (500g from 2000)				
M50	Nigel Stainton	NZL	52.44	2012	W50	Suzanne Coats	AUS	29.81	2019
M55	Bob Banens	AUS	51.44	2006	W55	Mary Thomas	AUS	37.90	2000
Javelin (600g current specifications)					Javelin (500g from 2014)				
M60	Bob Banens	AUS	48.74	2010	W60	Wilma Perkins	AUS	21.72	2014
M65	Tom Hancock	AUS	40.02	2002	W65	Carol Davis	AUS	25.12	2019
Javelin (500g from 2000)					W70	Mary Thomas	AUS	21.51	2015
M70	Guy Quarterman	AUS	36.51	2012	Javelin (400g from 2000)				
M75	Arnie Delaite	AUS	31.67	2019	W75	Heather Doherty	AUS	19.78	2008
Javelin (400g from 2000)					W80	Heather Doherty	AUS	19.45	2014
M80	Dave Scratton	NZL	26.51	2000	W80	Tserendolgar Tumurbat	MGL	19.69	2019
M85	Ron Johnson	NZL	24.77	2018	W85	Heather Doherty	AUS	8.68	2019
M90	Jim Blair	NZL	16.35	2024	W90	Ruth Frith	AUS	10.09	2002
					W95	Ruth Frith	AUS	7.98	2004
Hammer (7.26kg)					Hammer (4kg)				
M30	Brentt Jones	NFI	48.86	2000	W30	Raelene Bates	NZL	43.71	1998
M35	Ricard Meiring	AUS	59.00	2014	W35	Jayne Hardy	AUS	41.87	2002
M40	Frederic Cassier	NCL	50.14	1992	W40	Jayne Hardy	AUS	43.52	2006
M45	Mark Cumming	NZL	46.97	2012	W45	Althea Mackie	AUS	41.80	2015
Hammer (6kg)					Hammer (3kg)				
M50	Ken Readwin	AUS	48.62	1994	W50	Sharon Gibbins	AUS	45.70	2008
M55	Mark Cumming	NZL	49.52	2018	W55	Helen Searle	AUS	45.98	1996
Hammer (5kg)					W60	Jan Davies	AUS	42.20	2002
M60	Kevin Bradley	NZL	46.74	2008	W65	Helen Searle	AUS	39.51	2006
M65	Laurie Devlin	NZL	45.33	2002	W70	Helen Searle	AUS	33.07	2012
Hammer (4kg)					Hammer (2kg from 2010)				
M70	Laurie Devlin	NZL	44.54	2006	W75	Jan Banens	AUS	32.02	2018
M75	Robert Holzer	AUS	39.82	2024	W80	Mary Thomas	AUS	28.20	2024
Hammer (3kg)					W85	Heather Doherty	AUS	16.82	2019
M80	Wim Van Weenen	AUS	36.47	2014	W90	Ruth Frith	AUS	11.85	2002
M85	Ron Johnson	NZL	25.07	2018	W95	Ruth Frith	AUS	11.16	2006
M90	Jim Blair	NZL	18.39	2024	W100	Ruth Frith	AUS	9.64	2012
Discus (2kg)					Discus (1 kg)				
M30	Alan White	AUS	35.60	2000	W30	Alex Morgan	ASA	50.96	2023
M35	Jamie Muscat	AUS	43.84	2014	W35	Chris Schultz	AUS	47.86	1986

M40	Merve Kemp	AUS	43.88	1984
M45	Todd Davey	AUS	44.56	2015
Discus (1.5 kg)				
M50	Stuart Gynge	AUS	49.65	2014
M55	Ray Green	AUS	41.65	2002
Discus (1 kg)				
M60	Ray Green	AUS	50.27	2006
M65	Tom Hancock	AUS	45.93	2002
M70	Keith James	AUS	39.54	2012
M75	Rudi Hochreiter	AUS	34.60	2002
M80	Feliks Jekabsons	AUS	26.96	2006
M85	Ron Johnson	NZL	22.90	2018
M90	Jim Blair	NZL	14.98	2024
Shot Put (7.26kg)				
M30	Jonathon Detageouwa	NRU	15.76	2024
M35	Soane Lakafia	NCL	14.10	1996
M40	Stuart Gynge	AUS	16.29	2008
M45	Laini Inivale	NZL	13.68	2015
Shot Put (6 kg)				
M50	Stuart Gynge	AUS	17.57	2014
M55	Laini Inivale	NZL	13.44	2024
Shot put (5 kg)				
M60	Richard Harris	NZL	13.51	1994
M65	Charlie Rann	AUS	12.75	1992
Shot Put (4 kg)				
M70	Rudi Hochreiter	AUS	12.72	1998
M75	Jim Peridis	AUS	11.42	2002
Shot Put (3 kg)				
M80	Feliks Jekabsons	AUS	10.09	2006
M85	Ron Johnson	NZL	8.05	2018
M90	Peter Tearle	NZL	6.26	2018
Weight Throw (15.88kg - 35lb)				
M30	Vincent Smith	NZL	13.09	2012
M35	Ricard Meiring	AUS	18.59	2014
M40	Stuart Gynge	AUS	13.78	2008
M45	Mark Cumming	NZL	14.60	2012
Weight Throw (11.34kg - 25lb)				
M50	Stuart Gynge	AUS	18.05	2014
M55	Mark Cumming	NZL	18.51	2018
Weight Throw (9.08kg - 20lb)				
M60	Ray Green	AUS	17.45	2006
	Kevin Bradley	NZL	17.45	2006
M65	Laurie Devlin	NZL	17.43	2004
Weight Throw (7.26kg - 16lb)				
M70	Laurie Devlin	NZL	18.06	2006
M75	Ken Priestley	AUS	14.59	2014
Weight Throw (5.54kg - 12lb)				
M80	Kevin Bradley	NZL	13.93	2024
M85	Dave Scratton	NZL	10.99	2004
M90	Jim Blair	NZL	7.50m	2024
High Jump				
M30	Brad Osborn	AUS	1.78	2008
M35	John Turner	NZL	1.74	2006
M40	Evan McLean	AUS	1.82	2019
M45	Matthew Muell	AUS	1.78	2010
M50	Hoyoung Do	NZL	1.65	2012
	Brian Curry	NZL	1.65	2012
M55	Brian Curry	NZL	1.66	2018
M60	John Hunt	AUS	1.50	2002
M65	Gordon Gourlay	AUS	1.45	1994
M70	David Anstiss	NZL	1.36	2018
	Daryl Ellis	AUS	1.36	2024
M75	David Anstiss	NZL	1.33	2024
M80	Jim Blair	NZL	1.13	2012

W40	Chris Schultz	AUS	42.52	1994
W45	Chris Schultz	AUS	42.66	1998
W50	Chris Schultz	AUS	38.23	2002
W55	Chris Schultz	AUS	33.54	2006
W60	Helen Searle	AUS	29.73	2002
W65	Helen Searle	AUS	27.53	2006
W70	Mary Thomas	AUS	22.03	2015
Discus (0.75 kg from 2010)				
W75	Mary Thomas	AUS	22.75	2019
W80	Heather Doherty	AUS	20.30	2014
W85	Heather Doherty	AUS	13.84	2019
W90	Ruth Frith	AUS	10.89	2002
W95	Ruth Frith	AUS	10.90	2006
Shot Put (4 kg)				
W30	Chris Schultz	AUS	14.98	1984
W35	Chris Schultz	AUS	14.12	1986
W40	Chris Schultz	AUS	13.25	1994
W45	Chris Schultz	AUS	13.17	1998
Shot put (3 kg)				
W50	Chris Schultz	AUS	13.19	2002
W55	Mary Thomas	AUS	12.89	2000
W60	Helen Searle	AUS	12.31	2000
W65	Helen Searle	AUS	11.58	2004
W70	Helen Searle	AUS	9.16	2012
Shot put (2 kg from 2010)				
W75	Mary Thomas	AUS	8.82	2019
W80	Heather Doherty	AUS	7.44	2014
W80	Tserendolgar Tumurbat	MGL	9.32	2019
W85	Ruth Frith	AUS	5.42	1996
W90	Ruth Frith	AUS	5.21	2002
W95	Ruth Frith	AUS	4.72	2004
Weight Throw (9.08kg - 20lb)				
W30	Kirsty Halliday	NZL	11.41	2024
W35	Catherine McCowan	AUS	11.19	2024
W40	Chris McCahill	NZL	15.03	2008
W45	Althea Mackie	AUS	12.84	2015
Weight Throw (7.26kg - 16lb)				
W50	Jayne Hardy	AUS	13.64	2015
W55	Jayne Hardy	AUS	12.73	2019
Weight Throw (5.54kg - 12lb)				
W60	Dorn Jenkins	AUS	17.36	2015
W65	Helen Searle	AUS	16.44	2004
W70	Jan Banens	AUS	12.41	2012
Weight Throw (4kg from 2010)				
W75	Glen Watts	NZL	11.71	2015
W80	Heather Doherty	AUS	9.63	2014
W85	Heather Doherty	AUS	6.82	2019
W95	Ruth Frith	AUS	5.16	2006
High Jump				
W30	Angela McKee	NZL	1.89	2006
W35	Veronique Boyer	PYF	1.65	2008
W40	Lynette Smith	AUS	1.53	2014
W45	Lenore Lambert	AUS	1.58	2019
W50	Marie Kay	AUS	1.45	2012
W55	Alex Lloyd	AUS	1.33	2014
W60	Margaret Taylor	AUS	1.26	2008
W65	Wilma Perkins	AUS	1.18	2015
W70	Margaret Taylor	AUS	1.15	2019
W75	Gwen Davidson	AUS	1.08	2000

M85	Jim Blair	NZL	1.05	2019
M90	Alistair McKay	NZL	0.80	2018
Long Jump				
M30	Jay Stone	AUS	6.36	2012
M35	Albert Miller	FIJ	6.21	1994
M40	Robert Lehman	AUS	6.29	2014
M45	Rodney Stone	AUS	5.76	1984
M50	Terry Hicks	AUS	5.45	2004
M55	Luke De Biasi	AUS	5.98	2019
M60	Graeme Noden	AUS	5.10	2000
M65	Stephen Burden	NZL	5.02	2024
M70	Graeme Noden	AUS	4.59	2008
M75	Graeme Noden	AUS	4.07	2014
M80	Max McKay	AUS	3.13	2004
M85	Maurice Dauphinat	AUS	2.95	2012
M90	Alistair McKay	NZL	2.08	2018
Triple Jump				
M30	George Jankowski	AUS	11.31	1994
M35	Russell Sarah	AUS	13.70	1982
M40	Kevin Todd	NZL	12.31	1990
M45	Stephen McKee	NZL	12.05	2006
M50	Stephen Burden	NZL	11.25	2012
M55	Clay Tompkins	AUS	12.22	2008
M60	Stephen Burden	NZL	10.76	2019
M65	Stephen Burden	NZL	9.97	2024
M70	Daryl Ellis	AUS	9.71	2024
M75	David Anstiss	NZL	8.38	2024
M80	Leo Coffey	AUS	7.30	2012
M85	Ron Johnson	NZL	5.34	2018
Pole Vault				
M30	Jamie Marett	NZL	3.80	1998
M35	Rob Hill	AUS	4.40	2008
M40	Brian Senior	NZL	3.85	1982
M45	Stephen McKee	NZL	3.65	2006
M50	Jim McGrath	AUS	3.10	1982
	Tim McGrath	AUS	3.10	2014
M55	Mark Lett	NZL	3.05	2018
M60	Bob Barclay	AUS	3.00	2002
	Mark Lett	NZL	3.00	2024
M65	Geoff Shaw	AUS	2.70	2014
M70	Jim Poulter	AUS	2.50	2014
M75	Donald Chambers	AUS	1.85	2014
M80	Wallace Opperman	NZL	1.45	2006
M85	Wallace Opperman	NZL	1.00	2012
Combined events Updated for 2023 WMA factors				
Pentathlon (LJ, Jav, 200m, DT, 1500m)				
M30	Brad Osborne	AUS	2461	2008
	(5.59; 38.89; 25.02; 33.71; 5:31.22)			
M35	Albert Miller	FIJ	3121	1994
	(6.21, 52.88, 24.0, 37.98, 5:28.8)			
M40	Lloyd Mitchelson	AUS	3267	1984
	(5.40, 48.02, 24.8, 31.86, 4:31.0)			
M45	Lloyd Mitchelson	AUS	3363	1986
	(5.35, 41.40, 25.34, 30.74, 4:36.65)			
M50	Terry Hicks	AUS	3356	2004
	(5.49, 37.94, 26.33, 25.50, 4:33.6)			
M55	Luke De Biasi	AUS	3472	2019
	(5.98, 33.58, 25.71, 28.56, 5:46.11)			
M60	David McConnell	AUS	2560	2014
	(4.01, 20.03, 27.18, 24.66, 5:51.54)			
M65	Robert Antonioli	AUS	2558	2018

Long Jump				
W30	Helena Dinnissen	AUS	5.78	2019
W35	Eileen. Hindle	AUS	5.55	1984
W40	Gianna Mogentale	AUS	5.21	2004
W45	Marie Kay	AUS	5.31	2006
W50	Marie Kay	AUS	5.23	2012
W55	Wilma Perkins	AUS	4.29	2004
W60	Margaret Taylor	AUS	4.38	2008
W65	Carol Davis	AUS	4.05	2019
W70	Margaret Taylor	AUS	3.65	2019
W75	Ruth Johnson	AUS	2.78	2019
W80	Miriam Cudmore	AUS	2.93	2019
Triple Jump				
W30	Helena Dinnissen	AUS	11.85	2019
W35	Veronique Boyer	PYF	11.36	2008
W40	Julie Brims	AUS	10.59	2006
W45	Marie Kay	AUS	10.68	2006
W50	Helen Searle	AUS	9.54	1990
W55	Anne Hunter	NZL	8.87	2006
W60	Margaret Taylor	AUS	9.22	2008
W65	Carol Davis	AUS	7.90	2019
W70	Margaret Taylor	AUS	7.77	2019
W75	Frances Bayler	NZL	6.24	2015
W80	Miriam Cudmore	AUS	6.64	2019
Pole Vault				
W30				
W35	Ros Montse	AUS	2.50	2014
W40	Joanne Anderson	NZL	2.40	1994
	Dash Newington	GBR	3.50	2024
W45	Joanne Anderson	NZL	2.20	1998
	Wilma Perkins	AUS	2.20	1998
W50	Gaelyne Kenshole	AUS	2.60	2024
W55	Wilma Perkins	AUS	2.20	2006
	Delwyn Smith	NZL	2.20	2024
W60	Wilma Perkins	AUS	2.30	2010
Pentathlon (100m, SP, LJ, Jav, 800m)				
W30	Wilma Perkins	AUS	2864	1984
	(12.70, 9.42, 5.25, 28.71, 2:49.4)			
W35	Eileen Hindle	AUS	2967	1984
	(12.51, 6.98, 5.42, 22.14, 2:30.8)			
W40	Lee-Anne Grosvenor	AUS	3055	2014
	(13.58, 8.84, 4.51, 27.57, 2:29.06)			
W45	Lee-Anne Nelson	AUS	3307	2019
	(13.69, 9.17, 4.48, 29.33, 2:40.81)			
W50	Gianna Mogentale	AUS	3276	2014
	(13.29, 7.28, 4.58, 16.61, 2:33.56)			
W55	Vicki Townsend	AUS	2953	2019
	(14.80, 10.29, 4.07, 19.87, 3:30.64)			
W60-74 Jav 500g from 2014)				
W60	Vicki Townsend	AUS	2857	2024
	(15.93,9.75,3.75,20.36,3:55.30)			

	(3.60, 21.15, 30.27, 23.38, 5:42.85)		
M70	Ken Daniels AUS 2790	2008	
	(3.95; 31.99; 31.38; 25.19; 7:09.23)		
M75	Hector Mein NZL 2451	2006	
	(3.42, 23.17, 36.80, 19.82, 6:40.89)		
M80	Hector Mein NZL 1469	2012	
	(2.89, 18.34, 46.94, 16.54, 9:18.13)		
M85	Rad Leovic AUS 1792	2014	
	(2.31, 14.86, 45.49, 14.50, 8:29.14)		
M90	Frank Cox NZL 429	2002	
	(1.43, 6.31, 66.09, 7.19, DNF)		

Throws Pentathlon (Ham, SP, DT, Jav, Wt)

M30	Stuart Chirnside NZL 2678	1998	
	(41.77, 10.65, 34.27, 40.96, 12.27)		
M35	Ricard Meiring AUS 3109	2014	
	(54.66, 10.87, 29.78, 33.64, 18.34)		
M40	Stuart Gynge AUS 3465	2008	
	(39.71, 16.46, 44.81, 34.50, 13.52)		
M45	Todd Davey AUS 3565	2015	
	(39.25, 13.67, 40.64, 40.61, 13.73)		
M50	Stuart Gynge AUS 4062	2015	
	(47.83, 17.05, 50.09, 36.29, 17.10)		
M55	Ray Green AUS 3472	2002	
	(41.96, 11.59, 41.16, 35.12, 13.73)		
M60	Graeme Rose AUS 3665	2008	
	(45.46; 12.58; 38.17; 39.48; 16.78)		
M65	Tom Hancock AUS 3826	2002	
	(37.08, 11.69, 43.96, 39.26, 14.95)		
M70	Keith James AUS 3704	2012	
	(37.73, 12.16, 39.76, 34.86, 14.59)		
M75	Dave Scratton NZL 3130	1998	
	(25.99, 10.04, 29.15, 27.82, 11.13)		
M80	Feliks Jakabsons AUS 2964	2006	
	(28.97, 9.98, 26.96, 19.30, 12.43)		
M85	David Scratton NZL 2720	2006	
	(22.05, 7.83, 20.63, 18.01, 10.22)		

Decathlon (100m, LJ, SP, HJ, 400m / Hurd, DT, PV, Jav, 1500m)

M30	Peter Hollenbeck AUS 5311	2019	
	(12.01,5.93,11.58,1.68,62.23,17.77,35.43,4.40,49.28 6:12.52)		
M35	Geoff Gibbons AUS 6058	2012	
	(11.97,5.71,10.08,1.64,51.24,16.48,29.47,3.70,47.34,4:35.55)		
M40	Peter Ranginui NZL 4776	2012	
	(13.11,5.02,8.29,1.79,62.32,18.82,30.92,2.60,37.88,5:48.72)		
M45	Wayne Doyle NZL 5772	2012	
	(12.99,5.19,11.19,1.55,59.47,19.56,32.20,3.00,45.01,5:34.73)		
M50	Andrew Brooker AUS 5846	2019	
	(13.58,5.33,9.18,1.55,61.79,17.84,31.41,2.80,40.12,5:19.30)		
M55	Andrew Millerd AUS 6050	2019	
	(12.99,5.14,8.36,1.52,60.78,19.00,29.85,2.80,27.80,5:39.34)		
M60	Luke De Biasi AUS 6166	2024	
	(13.03,5.33,10.74,1.45,62.11,16.91,33.33,nh,35.59,6:03.23)		
M65	Mark McLean AUS 5143	2025	
	(14.74,4.19,7.93,1.27,1:1463,20.77,29.04,2.40,24.98,6:35.35)		
M70	Ken Daniels AUS 5419	2008	
	(15.00,4.14,8.31,1.21,73.03,17.88,26.71,2.00,31.98,7:00.11)		
M75	David Anstiss NZL 4685	2024	

W65	Carol Davis AUS 3463	2019	
	(16.11, 7.03, 3.80, 22.63, 3:12.21)		
W70	Judy Hammond (400g Ja NZL 2622	2008	
	(17.32; 6.20; 3.06; 13.37; 3:57.88)		
W75	Ruth Johnson AUS 2229	2019	
	(19.24, 5.41, 2.78, 10.96, 4:13.32)		
W80	Judy Hammond NZL 2101	2018	
	(20.49;5.59;2.58;10.49;5:20.88)		

Throws Pentathlon (Ham, SP, DT, Jav, Wt)

W30	Raylene Bates NZL 2883	1998	
	(43.71, 12.49, 39.60, 23.58, 12.89)		
W35	Chris Schultz AUS 3194	1990	
	(38.32, 13.29, 43.04, 34.74, 12.18)		
W40	Jayne Hardy AUS 3439	2006	
	(41.99, 10.40, 37.29, 38.65, 13.87)		
W45	Chris Schultz AUS 3677	1998	
	(34.51, 13.17, 41.96, 29.00, 12.65)		
W50	Chris Schultz AUS 3589	2002	
	(35.64, 12.97, 39.49, 25.87, 13.83)		
W55	Jayne Hardy AUS 3387	2019	
	(39.85, 9.24, 28.32, 26.50, 12.08)		

W60-74 Jav 500g from 2014)

W60	Dorn Jenkins AUS 3827	2015	
	(43.51, 8.85, 28.72, 21.85, 15.57)		
W65	June Lowe AUS 3791	2019	
	(36.24, 9.84, 20.78, 23.40, 12.49)		
W70	Mary Thomas AUS 3833	2015	
	(27.95, 8.01, 23.32, 21.03, 11.94)		

New weight specifications from 2010

W75	Mary Thomas AUS 3499	2019	
	(28.35, 8.94, 22.70, 19.27, 10.43)		
W80	Mary Thomas AUS 3027	2024	
	(28.20,6.47,14.70,13.52,8.10)		
W80	Tserendolgar Tumurbat MGL 3744	2019	
	(24.84, 9.11, 18.97, 20.09, 8.53)		
W85	Heather Doherty AUS 2341	2019	
	(15.66, 4.77, 12.50, 7.62, 6.23)		
W90	Ruth Frith AUS 2808	2002	
	(12.49, 4.97, 10.31, 10.51, 5.71)		
W95	Ruth Frith AUS 3017	2006	
	(11.08, 4.35, 9.78, 6.43, 5.16)		

Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)

W30	Jessica Dux AUS 3046	2018	
	(18.43,1.33,7.75,27.80,4.61,19.19,2:56.11)		
W35	Lynette Smith AUS 4013	2008	
	(18.43,1.58,10.03,29.85,4.42,33.91,2:26.41)		
W40	Lee-Ann Grosvenor AUS 3972	2014	
	(15.69,1.27,9.05,27.92,4.54,27.41,2:33.4)		
W45	Janet Smith AUS 4274	2025	
	(14.73,1.30,8.57,28.89,4.29,25.50,2:42.52)		
W50	Marie Kay AUS 5524	2010	
	(13.13,1.48,11.19,28.22,4.69,30.33,2:52.47)		
W55	Karen Carah AUS 5967	2025	
	(13.53,1.45,10.88,27.73,4.58,27.17,2:49.39)		
W60-74	Jav 500g from 2014)		
W60	Vicki Townsend AUS 4731	2025	
	(15.27,1.21,9.57,31.94,3.91,21.77,3:31.15)		
W65	Gail Kirkman NZL 5005	2018	
	(15.71,1.24,7.45,31.59,3.37,11.35,2:51.08)		
W70	Marj Allison AUS 4196	2015	
	(17.92,1.02,5.99,35.18,2.75,16.44,3:25.94)		

(16.90,3.93,6.29,1.33,91.09,17.70,20.10,2.10,17.29,8:36.10)
M80 Rad Leovic AUS 2073 2012
(20.60,2.60,6.84,0.92,1:42.27,29.47,13.93,0.80,14.22,9:07.91)
M85 Ron Johnson NZL 4419 2018
(19.92,2.55,8.32,0.99,1:42.99,DNF,20.11,1.50,25.21,9:07.39)

Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)

M50 David Reed AUS 4210 2025
(17.00,1.51,10.31,26.03,5.08,26.37,2:40.95)
M60 Michael Kyriakakis AUS 2753 2025
(22.52,1.27,6.46,31.16,4.13,16.60,3:17.20)
M70 Bruce O'Connor AUS 1839 2025
(26.88,1.15,7.88,38.54,2.90,7.78,dnf)
M75 Dieter Lacko AUS 1999 2025
(21.12,nh,6.36,38.42,2.76,16.09,3:42.57)

W75 Judy Hammond NZL 2518 2015
(DNF,0.99,6.10,42.07,2.60,11.65,4:52.56)

Decathlon (100m, LJ, SP, HJ, 400m / Hurd, DT, PV, Jav, 1500m)

W55 Sue Coate AUS 6415 2025
(14.76,4.16,9.71,1.24,1:14.21,16.53,23.50,2.20,28.70,6:27.80)

AUS	Australia
NZL	New Zealand
PYF	French Polynesia
NCL	New Caledonia
FIJ	Fiji
TON	Tonga
NFI	Norfolk Island
SOL	Soloman Islands
MGL	Mongolia
GBR	Great Britain

ARCHIVED MULTI-EVENT RECORDS: NO EVENT DETAIL

Pentathlon:
M45 John Cooper AUS 3358 1990
W45 Chris Battersby AUS 3564 1990
M60 Peter Gatti AUS 3419 1996
M65 Fred O'Connor AUS 3984 1990
Throws Pentathlon:
M40 Frederic Cassier NCL 3769 1992
W55 Helen Searle AUS 4596 1996
M70 Sam Johnson NZL 4356 1992
M85 Dave Scratton NZL 4074 2004
W85 Ruth Frith AUS 3561 1996

ARCHIVED RECORDS

Javelin 400g
W60 Mary Thomas AUS 33.83 2004
W70 Wini Pepene NZL 23.76 2002
Pentathlon (100m, SP, LJ, Jav 400g, 800m)
W60 Beryl Vine NZL 3225 1990
W65 Wini Pepene NZL 2989 1996
Throws Pentathlon (Ham, SP, DT, Jav 400g, Wt)
W60 Helen Searle AUS 4750/3953 2002
(39.48, 11.49, 26.29, 25.20, 15.04)
W65 Helen Searle AUS 5387/4405 2004
(38.49, 11.23, 27.08, 23.23, 15.30)
Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)
W60 Marj Allison (400g Jav) AUS 5546/4731 2008
(15.10; 1.24; 6.93; 31.90; 3.66; 18.48; 2:53.86)

